



**CROSS
BRIDGE**

www.crossbridgeinc.org

Annual Report

2024-2025



Letter from the Executive Director

Friends of CrossBridge,

2025 was another monumental year as we completed the renovation & expansion of our women's houses at 31 & 39 Lindsley Avenue. Our Staff and Restoration House Participants are thrilled to have these beautiful new spaces. We also completed the 5th Floor of the CrossBridge Connection Center at 35 Lindsley & opened the CrossBridge Recovery Center (CBRC) in that space. The CBRC expands our reach into the recovery community as we can offer support services to Restoration House Participants AND to anyone else seeking lifelong recovery. We remain so grateful for the grants that allowed us to complete construction of these projects without debt.

KidPOWER completed its 15th year of programming. We continue to see students excel in school, connect with mentors & learn healthy ways to express emotions. CrossBridge established a relationship with a generous donor who committed to funding higher education for our students!! In 2010, we launched KidPOWER with twenty-five 2nd graders. Two of those 2nd graders are now seniors in college and work part-time for KidPOWER. 100 students in grades K-12 were served by KidPOWER & YouthPOWER this year.

In the following pages, you will find some statistical data. However, the page with Restoration House & KidPOWER Participant stories provides "data" that cannot be measured!! With your support, we will continue to help men, women, boys, and girls and end the generational cycles of poverty, addiction, and incarceration.

Tina Mitchell
Executive Director

Our Mission

**Providing effective solutions to end
generational cycles of poverty,
addiction, and incarceration.**

CrossBridge accomplishes its mission through its many programs. Restoration House and CrossBridge Recovery Center work toward ending cycles of addiction and incarceration with our intensive peer-support recovery programs. KidPOWER, YouthPOWER and Choose POWER work to end generational cycles of poverty through academic support and mentorship.

Our Vision

Breaking Cycles & Building Futures

We envision a world where children and adults experience responsible freedom from addiction, incarceration, poverty, and homelessness — a world where they are empowered with the skills, resources, and relationships to thrive, contribute to their communities, and live with dignity and purpose.





Our History

06

The Beginning

Her heart moved by the suffering in our community, Tina Mitchell, our founder, incorporated CrossBridge as a Tennessee nonprofit on March 1, 2006

09

Restoration House

With one six-bed house on Whitney Avenue, the Restoration House for Men program was launched in 2009. In 2011, Restoration House added housing for women.

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KidPOWER

In 2010, KidPOWER was launched. The program initially served twenty-five second graders. CrossBridge youth programs grew to serve students throughout elementary, middle and high school.

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YouthPOWER

In 2013, KidPOWER's first group for fourth graders aged out of KidPOWER. With a vision to grow with our students and add a grade each year, YouthPOWER was launched.

16

31 & 39 Lindsley Avenue

In 2016, CrossBridge purchased 31-39 Lindsley from Urban Housing Solution. The property included two existing buildings and two empty lots for the future home of the CrossBridge Connection Center.

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35 Lindsley Avenue

To fulfill the need for corporate offices, additional housing and meeting spaces, construction of the CrossBridge Connection Center began in 2019. At completion in 2022, the project included housing for 53 clients and an unfinished fifth floor.

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Construction Continues

The renovation and expansion of 31 and 39 Lindsley commenced in 2023. The original structures were built in 1895, had numerous renovations throughout the years, but were in need of repair and updates. The completion of the CrossBridge Connection Center fifth floor also began in 2023.

25

New Beginnings

On January 28th, we opened the CrossBridge Recovery Center with the mission of joining people on their recovery journey. In August, all construction and renovations were completed on 31 and 39 Lindsley. In September, CrossBridge will launch a middle school mentoring program in Maury County, Tennessee called Choose POWER.



Megan Story's

I had a very traumatic childhood that included sexual abuse. My dad died of cancer when I was 10, and my mom abandoned me after. I lived with my sister but felt like an outcast. I suffered so much loss, I started using drugs at 12 because I wanted the pain to go away. On my worst day in addiction, I was digging holes in my face with tweezers because drugs convinced me worms were crawling inside. Seeing my blood-covered face in the mirror, I said, "This has to stop!"

I dropped to my knees and asked God to help me get out of this lifestyle, and He did. I no longer have to wake up every day wondering how I will get my next fix. Today, I have a beautiful family and have accomplished my dream of owning my own nail salon.

Joining clients on their journey of recovery

Demographics



95%

Justice Involved



83%

Have Children



97%

of Female Participants are Victims of Sexual Assault



85%

Have a Co-occurring Mental Health Disorder

Restoration House Client Data

168

Total Clients Served Annually

95%

Unemployed at Intake

20%

Unemployed after 30 days in program

98%

Homeless at Intake

88%

Housing stability at 6 months

Our Impact

(While at Restoration House)



89%

Remained Alcohol & Drug Free



77%

Improvement in Mental Health & Symptoms

Recidivism (reoffended)

70%

United States Recidivism Rate

29.6%

Tennessee Recidivism Rate

5%

Restoration House Graduate Recidivism Rate



Our Impact

KidPOWER & YouthPOWER

Hunter's Story

Hunter was a KidPOWER/YouthPOWER participant for ten years. He credits the program with keeping him “off the streets.” Hunter says, “This program saved my life!” After graduating from high school in May of 2023, Hunter enrolled at Trevecca Nazarene University. Hunter is in his junior year at Trevecca and has also been a KidPOWER employee for three years. Hunter’s dream is to graduate from college and become the next KidPOWER director.

Makhia's Story

Makhia started attending KidPOWER in second grade and remained in our program from second to twelfth grade. In May 2022, she graduated from LEAD Academy. In the fall of 2022, she enrolled in college to pursue a degree in Business Administration. Additionally, Makhia has been KidPOWER’s kindergarten and first-grade teacher for four years.

Our Impact

101

Students served

360

Hours of programming provided to each student

84%

Of students increased their literacy proficiency

62%

Of students mastered grade level math skills

1,130

Volunteer hours recorded

95%

Of students return to KidPOWER the next year

162

Adults served KidPOWER students



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